

Mahoning Valley Lifelong Learning Institute

Course Schedule Fall 2017



Ohio Living
Park Vista

presents



Welcome Back!

Ohio Living Park Vista is proud to present another semester of the Mahoning Valley Lifelong Learning Institute (MVLLI).

We began with a vision, and each semester we see that vision come to life and continue to grow. Each new semester brings together a group of like-minded people to form a community around one important objective: to engage in the active and continued pursuit of learning every day. Most notably, we saw it in the Butler Institute of American Art lunch and learn series that surpassed capacity at each of its four sessions.

To better serve our scholars, we continue to evaluate lifelong learning trends around the country. The MVLLI was inspired by larger organizations such as the Osher Lifelong Learning Institute and the Chautauqua Institution. By evaluating these institutions we developed our Café More concept, which will be open between MVLLI courses for attendees to grab a cup of coffee or bite to eat, and socialize in our community before attending another event. It could be another lecture, a Silver Sneakers class, an entertainer or a TED talk, but it allows for you, the learner, to continue your experience.

Ohio Living Park Vista is more than a life plan community – it's a community of individuals living life their way, united in the pursuit of continued learning and through all of the amazing services that Ohio Living offers.

We hope to see you at another exciting semester!



Best Regards,

A handwritten signature in black ink, appearing to read "Brian Kolenich".

Brian Kolenich
Executive Director, Ohio Living Park Vista

Planned Giving That's Within Your Reach

Have you thought about making a charitable impact on the Mahoning Valley Lifelong Learning Institute, but thought it would be out of reach? If so, you may want to think about planned giving.

Planned giving doesn't have to be exorbitant. In fact, the term "planned giving" refers to a charitable gift that provides future income to a charitable organization. What may surprise you is that a planned gift would likely allow you to make a larger gift than your income would typically allow.

Many of these gifts are easy to establish, and they all provide tax benefits. What's more, with most options you can designate that a percentage be given to the charitable organization, leaving a part of the asset for family or other obligations.

Planned gifts are essential to the ability of the Mahoning Valley Lifelong Learning Institute to fulfill its mission, and several donors have already established planned gifts to help support its future.

Please call Susan Berny, director of gift planning, at 330.746.2944, ext. 1554, or email sberny@ohioliving.org to learn more.

Course Schedule Fall 2017

Second Annual Youngstown Chatauqua 2017

Date: Tuesday, Sept. 5, 2017

Theme: The Roaring 20s

Join us for a day of education and entertainment! The Youngstown Chatauqua will feature music, speakers and art describing life in the 1920s.

The Era of Wonderful Nonsense

Time: 3:30 to 4:30 p.m.

Presenter: Dr. Greg Ferro

How did the 1920s reflect conflict and tension in American culture? We will look at the decade that brought us jazz, gin and just enough bootlegging to put Al Capone at the top of his game. Topics covered will include the presidents of the decade, the Sacco and Venzetti trial, and the trouble with prohibition.

Art Form, Design, Attitude: The Eclectic Influence of the 1920s

Time: 4:45 to 5:45 p.m.

Presenter: Felicia Zavarella Stadelman

The 1920s was a remarkable period of creativity that brought forth new, bold movements that changed the way the world looked at itself. This class will explore the design influence of the 1920's art form and attitude.

Music and Culture of the Roaring 20s

Time: 6 to 7 p.m.

Presenter: Harmony String Quartet

The Harmony String Quartet will share an evening of music from the roaring 20s along with dialogue that covers fun facts and cultural gems of the time.

Evolution and the Bible: Is Science Compatible with Christian Faith?

Date: Thursday, Sept. 7, 2017

Time: 5 to 6:30 p.m.

Presenter: Sister Lisa Marie Belz, Ph.D.

Cost: \$10, non-resident only

Is there a conflict between mature faith and honest science? This class will examine recent biblical scholarship about creation stories in Genesis 1-3 as well as the prologue to the Torah in Genesis' first 11 chapters. From there, the class will review the Cosmic Christ of Scripture, and the ideas of paleontologist and Christian theologian Teilhard de Chardin.

Speaking Shakespeare

Date: Tuesday, Sept. 12, 2017

Time: 9 a.m. to noon

Presenter: Ruth Cole

Cost: \$5, non-resident only

Many struggle with the language of Shakespeare as well as the understanding of his place in the history of the English language. This class will explore the evolution of English, Shakespeare's impact on that evolution, and how his influence on Early Modern English can be seen in how we speak today.

The American Western Collection

Date: Thursday, Sept. 14, 2017

Time: 10:30 to 11:30 a.m.; lunch following

Location: The Butler Institute of American Art, 524 Wick Avenue, Youngstown, 44505

Explore the American Western collection with Native American portraits depicting Hopi life by Elbridge Ayer Burbank, the Oregon Trail by Albert Bierstadt, Bridal Veil Falls by Thomas Hill and more.

Course Schedule Fall 2017

The Golden Age of Broadway: Rodgers and Hammerstein

Date: Tuesday, Sept. 19, 2017

Time: 10 a.m. to noon

Presenter: Joy Decker Borland

Cost: \$5, non-resident

This class explores the period known as “The Golden Age,” when the musicals of Rodgers and Hammerstein dominated the Broadway stage. Joy Decker Borland will discuss documentaries for shows such as *Oklahoma*, *Carousel* and *The King and I*.

The Fatima Centennial and the U.N. International Pilgrim Virgin Statue

Date: Thursday, Sept. 21, 2017

Time: 10 to 10:45 a.m.

Presenter: Katie Moran

Cost: \$5 non-resident, only

This program will cover the 100th anniversary of the Fatima Apparitions, and how the U.N. International Pilgrim Virgin Statue of Our Lady of Fatima promotes this vital message. Included will be the history of the world famous image traveling the globe since 1947.

Writing from Life: Food as Muse

Date: Tuesday, Sept. 26, 2017

Time: 10 a.m. to 12 p.m.

Presenter: Karen Schubert

Location: Boardman Public Library Meeting Room, 7680 Glenwood, Boardman, 44512

Some of our earliest memories are of food, perhaps the sweet smell of grandma’s kitchen when she made Easter Babka, or the June morning spent piled into the station wagon to go pick strawberries. These specific and idiosyncratic details of food will be used to write from life.

Women’s Health Symposium

Join us for an in-depth look at women’s health issues. Each session will feature a presentation on a specific topic, a Q&A and a discussion with a panel of experts including Dr. Vivian Starr, Ohio Living Park Vista Medical Director; Ashley Emerson, DPT; Connie Morgan, LISW/S; and Agapi Mantos, MS, RD, CSG, LD. The afternoon includes a light lunch.

Eating for Longevity

Date: Tuesday, Sept. 26, 2017

Time: 11:30 a.m.

Presenter: Agapi Mantos, MS, RD, CSG, LD

Diabetes and Heart Disease

Date: Thursday, Oct. 24, 2017

Time: 11:30 a.m.

Presenter: Dr. Vivian Starr

What Causes Swelling? Management & Prevention of Edema in the Female Population

Date: Tuesday, Nov. 28, 2017

Time: 11:30 a.m.

Presenter: Ashley Emerson, DPT

Norman Rockwell: Exploring Humor and Humanity in Art

Date: Thursday, Sept. 28, 2017

Time: 5 to 7 p. m.

Presenter: Felicia Zavarella Stadelman

Cost: \$10, non-resident only

Most famous for his cover illustrations of “The Saturday Evening Post,” Norman Rockwell captured the culture of American life in the early 20th century. Though sometimes sneered at as an “illustrator” by his contemporaries, Rockwell didn’t mind the designation.



The Progressive Era

Date: Tuesday, Oct. 3, 2017

Time: 9 a.m. to noon

Presenter: Dr. Greg Ferro

Cost: \$15, non-resident only; lunch included

This course traces the Progressive Reform Movement in the United States, which experts believe made America the country it is today. It will emphasize how progressives changed America from a social, economic and political standpoint.

Strange Matters: Discoveries at the Frontiers of Space and Time

Date: Thursday, Oct. 5, 2017

Time: 5:30 to 7 p.m.

Presenter: Tom Siegfried

Cost: \$10, non-resident only

Throughout the history of science, amazing things about the universe have been predicted by theorists before actually being discovered. Radio waves, antimatter and quarks, emerged from theorists' equations before any experimenter knew they existed. This class explores other strange things that could be discovered today.

Chemical Myths

Date: Tuesday, Oct. 10, 2017

Time: 10 to 11:30 a.m.

Presenter: Douglas Genna

Cost: \$5, non-resident only

As more details become available regarding the composition of products such as household items and food, it is important to have the skills to properly navigate this information. Through a series of real-life examples we will navigate different chemical compositions, build up an understanding of basic chemical principles and dispel the myth that "all chemicals are bad." This lecture will be an introduction to a multi-part series on science in the news topics.

Local Landscapes

Date: Thursday, Oct. 12, 2017

Time: 10:30 to 11:30 a.m.; lunch following

Location: The Butler Institute of American Art, 524 Wick Avenue, Youngstown, 44505

Discover the talents of local landscape painter Thomas McNickle and his impact on American Art. An in-depth exploration of landscapes from the Butler's collection will be included.

Laudato Si': A Blueprint for the 21st Century

Date: Tuesday, Oct. 17, 2017

Time: 5 to 7 p.m.

Presenter: Caroljean Willie

Cost: \$10, non-resident only

Pope Francis' encyclical *Laudato Si'* calls us to a deeper understanding of the common good and the role each of us has to play in making it a reality. This program will provide an overview of the document, the connection between climate change and poverty, and the connection between spirituality and sustainability.

Substance Abuse 101: How Can I Help?

Date: Thursday, Oct. 19, 2017

Time: 2 to 3 p.m.

Presenter: Brenda Heidinger

This class will evaluate current drug abuse trends in the area as well as a brief look at medical marijuana, its effects in other states, and its status in Ohio. Brenda Heidinger will discuss resources available in the community and how to access them.

**To Register:
Visit MVLLI.org or call
330.746.2944, ext. 1553.**



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Writing from Life: Picture This

Date: Tuesday, Oct. 24, 2017

Time: 10 a.m. to 12 p.m.

Presenter: Karen Schubert

Location: Boardman Public Library Meeting Room, 7680 Glenwood, Boardman, 44512

In this workshop, attendants will write from a photograph, noting details that no one else would see, like your friend's hilarious Ronald Reagan impersonation, or your favorite tree with the wide crook for reading. Please bring a photograph of any subject that has particular meaning to you.

Galaxies: Expansion of the Universe

Date: Thursday, Oct. 26, 2017

Time: 10 to 11 a.m.

Presenter: Dr. Warren Young

Cost: \$5, non-resident only

This course will take a look at the basic nature of the universe. Discussed will be everything from the small things around our own homes and lives to the view of the galaxies and the expansion of the universe.

Andrew Wyeth: Visions in Watercolor

Date: Tuesday, Oct. 31, 2017

Time: 5 to 7 p.m.

Presenter: Felicia Zavarella Stadelman

Cost: \$10, non-resident only

Andrew Wyeth was one of the best-known artists of the 20th century. Using his favorite subjects – the people and landscapes around him – he brought everyday events to life on his canvas. Wyeth is one of three generations of painters in his family.

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China through Rose-Colored Glasses: Today and Yesteryear

Date: Thursday, Nov. 2, 2017

Time: 10 a.m. to noon

Presenter: Douglas Sipp

Cost: \$5, non-resident only

This is a story about the presenter's journey through the contrasting experiences of China in 1986 and modern China in 2017. Douglas Sipp will review the different areas of China, how the country sees itself moving forward and its own perceived prominence in the world.

Mahoning Valley Trivia

Date: Tuesday, Nov. 7, 2017

Time: 3 to 4 p.m.

Presenter: Bill Lawson and Traci Manning

What year did John Young first set foot at Mahoning Commons? Find out during Mahoning Valley Trivia! Test your historical knowledge and have some fun as Bill Lawson and Traci Manning of the Mahoning Valley Historical Society host this interactive event.

The Beecher Center

Date: Thursday, Nov. 9, 2017

Time: 10:30 to 11:30 a.m.; lunch following

Location: The Butler Institute of American Art, 524 Wick Avenue, Youngstown, 44505

Experience the Beecher Center dedicated to new media and electronic art as we explore holography, digital media and more.

World War I

Date: Tuesday, Nov. 14, 2017

Time: 9 a.m. to noon; lunch following

Presenter: Dr. Greg Ferro

Cost: \$15, non-resident only; lunch included

Though initially dubbed the "Great War," for most Americans today World War I might better be called "the forgotten war." And yet World War I, in which millions died, was a crucial war for the United States. In this course, will take a look back at the legacy of World War I and why it still matters so much.



Ecology of New Zealand

Date: Thursday, Nov. 16, 2017

Time: 9:30 to 10:30 a.m.

Presenter: Dr. Jay Mager

Cost: \$5, non-resident only

This program will present the biogeographical history of New Zealand, as well as the ecological changes experienced by the nation following colonization by Polynesian and European settlers. The program will also present some of the current efforts to restore the ecological and cultural heritage within this region.

Telephone with OH Wow!

Date: Tuesday, Nov. 21, 2017

Time: 10 to 11 a.m.

Presenter: Ralf Urbach

Explore a world of possibility with this intergenerational program about circuits! Grandparents, parents and children alike will be invited to participate in this interactive program that will start with a simple game and children's book called, "Telephone."

Writing from Life: Question Me

Date: Tuesday, Nov. 28, 2017

Time: 10 a.m. to 12 p.m.

Presenter: Karen Schubert

Location: Boardman Public Library Meeting Room, 7680 Glenwood, Boardman, 44512

This workshop will use the interview format to invoke stories. Coming up with good interview questions lets us see what kind of writing is most interesting to us. Have you ever had a terrible haircut? What advice would you give to a young person whose heart is freshly broken? We'll use these questions as a way to intriguing story writing.

Michaelangelo

Date: Thursday, Nov. 30, 2017

Time: 5 to 7 p.m.

Presenter: Felicia Zavarella Stadelman

Cost: \$10, non-resident only

Michaelangelo is considered to be one of the greatest artists of all time. He made an incomparable influence on the development of art, especially in the western world. This course will evaluate his expertise of contour modeling, and take a look specifically at his abilities as a sculptor, painter and architect.





Park Vista

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Exploring The Vistas Of Learning

To register, please visit MVLLI.org or call 330.746.2944, ext. 1553.

All courses will be held in the Gelhaar Center unless otherwise noted. Please register one week in advance of each session. Payment can be made by cash or check on the day of the event.

The Mahoning Valley Lifelong Learning Institute will help adults of all ages and abilities remain engaged in discovery, enriching their lives through an accessible scholarly curriculum that allows them to explore the world while staying close to home.

At Ohio Living Park Vista, we believe you are never too old to learn. That is why we are pleased to present these educational programs for our residents and the community.

Established in 1947, Ohio Living Park Vista provides the full continuum of care for adults. Our residents enjoy many cultural and educational opportunities along with a wide variety of lifestyle choices. Please join us for a tour while you are here. We would love to show you Ohio Living Park Vista's beautiful 18+ acre campus. For more information or to schedule your tour, call 330.746.2944, ext. 1553.

Partners:

